



Volume 53, Issue 10

February 2009

# DECK WATCH

**Official Newsletter of the Milwaukee Sail and Power Squadron**

*A Unit of District 10, United States Power Squadrons (USPS) ~ America's Boating Club ~*

USPS Mission is to promote recreational boating safety through education and civic activities while providing fellowship and fun for our members.

## UPCOMING EVENTS

### February

**4th (Wed)**—Sail course begins,  
Milwaukee Yacht Club.

Call Instructor Fran Pauls, SN,  
414-332-2033 to reserve a place in class.

**10th (Tue)**—Executive Committee Meeting,  
7 p.m., South Shore Yacht Club,  
2300 E. Nock St., Milwaukee, WI

**17th (Tue)**—Squadron Members' Meeting,  
6 p.m., Alioto's, 3071 N. Mayfair Road,  
Wauwatosa, WI

### March

**10th (Tue)**—Executive Committee Meeting,  
7 p.m., South Shore Yacht Club,  
2300 E. Nock St., Milwaukee, WI;  
Please note change to Tuesday evening

**11th (Wed)**—Squadron Boating Course. Part A,  
6:30 p.m., Cabela's, 3049 Hwy 45,  
Richfield, WI

**22nd (Sun)**—Change of Watch, 11:00 a.m.,  
Golden Mast Inn,  
W349 N5293 Lacys Lane, Okauchee, WI

**27th-29th**—District 10 Spring Conference,  
Jefferson Street Inn,  
201 Jefferson Street, Wausau, WI 54403

### April

**14th (Tue)**—Executive Committee Meeting,  
7 p.m., South Shore Yacht Club,  
2300 E. Nock St., Milwaukee, WI;

**NOTE THAT THIS IS A TUESDAY EVENING!!!**

**21st (Tue)**—Squadron Members' Meeting,  
6:00 p.m., Location TBA

**22nd (Wed)**—Spring Public Boating Course  
begins, Menomonee Falls High School,  
Room 127

**NOTE that this is a different classroom  
location than previously**  
W142 N8101 Merrimac Dr.  
(use north parking lot),  
Menomonee Falls, WI

**For more information on these events, please  
contact Ted Smyczek at 262-786-2599**

[www.milwaukeepowersquadron.org](http://www.milwaukeepowersquadron.org)

## **BOATING SAFETY**

### **HYPOTHERMIA**

With a few more months of winter before us, now is a good time to review the facts of hypothermia. While the effect of hypothermia can be gradual, it can kill if you don't take the proper precautions.

Hypothermia is the decrease in body temperature to a level at which muscular functions are impaired. This decrease in body temperature can occur whenever the environmental temperature is below the normal body temperature. Body heat can be lost in many ways:

- Contact with cooler air and/or moving water
- Contact with steel (which conducts heat faster than water.)

Heat loss is increased by wind or fast body movements which remove warm surface particles from the skin and rob the body of a small surface layer of warmth.

Mild hypothermia is characterized by shivering, goose bumps and the inability to complete a task. This can be treated with additional layers of clothing and/or increased physical activity. Consuming fluids and foods rich in carbohydrates will provide an energy boost and help warm a mildly hypothermic person.

Moderate hypothermia takes the form of persistent violent shivering, difficulties speaking, confusion and irrational behavior. A moderately hypothermic person should be given hot liquids with sugar, protein foods, and fats. Avoid alcohol, caffeine and nicotine – these substances will only serve to dehydrate a person. To increase the person's external heat, use body-to-body contact or by placing the person in a sleeping bag.

Severe hypothermia is present when shivering stops or a person is in a semiconscious or unconscious state. The heartbeat is erratic, the pulse might be very weak or, in extreme cases, stopped entirely. The person may also have blue skin, dilated pupils, or rigid muscles. In these cases speedy re-warming of the body is critical. Death will occur when the body nears the 75-78 degree Fahrenheit range. Heat can be applied at the neck, armpits and palm of the hands. Chemical heat pads, hot water bottles, warm towels, and warm rocks can help. Qualified medical personnel should be contacted immediately.

The key to re-warming a person is to heat the person internally. Avoid too much environmental heat, such as placing a person near a fireplace. This action can lead to extreme shock or even death in a severely hypothermic person.

The best way to avoid hypothermia is practicing a simple, healthy lifestyle. People who exercise, are fit, eat the proper food, and take in enough fluid increase their resistance to hypothermia.

Finally, it does not have to be very cold to contact hypothermia. People can be afflicted when exposed to moderately cold temperatures even for short periods of time.



Indicates Changes Made

Gisela Murray, SN

## Milwaukee Sail and Power Squadron Bridge Officers

### Commander

Mel Fabiszak, P  
(262) 966-2743

### Executive Officer

Lt/C Kim Rutkowski  
(414) 353-8240

### Education Officer

Stf/C Mike Wiedel, AP  
(414) 353-8240

### Administrative Officer

Umberto "Nappy" Napolitano, AP  
(414) 870-8050

### Secretary

Paul Langer, AP  
(262) 821-9763

### Treasurer

Paul Langer, AP  
(262) 821-9763



The Deck Watch is published monthly by the Milwaukee Sail and Power Squadron, the Milwaukee, WI chapter of the United States Power Squadron, a non-profit corporation located in Raleigh, NC.

Redesign and Editorial Production by Heather McKinney under the direction of the Publications Committee. Items for publication are due the 20<sup>th</sup> of each month. Please submit items to [deckwatch@milwaukeepowersquadron.org](mailto:deckwatch@milwaukeepowersquadron.org)

The United States Power Squadron is America's number one boating organization. If you would like information about membership, please contact: Ted Smyczek at 262-786-2599 or [tmsmyczek@netzero.net](mailto:tmsmyczek@netzero.net)

Please send questions, comments, Roster contact information updates/changes, opinions, photos, news, articles, story ideas, etc. to: [Deckwatch@milwaukeepowersquadron.org](mailto:Deckwatch@milwaukeepowersquadron.org)

## USPS DISTRICT 10 2009 SPRING CONFERENCE CENTRAL WISCONSIN SAIL & POWER SQUADRON d.b.a. CENTRAL WISCONSIN BOATING CLUB 27,28,29 MARCH 2009 JEFFERSON STREET INN WAUSAU, WISCONSIN



FRIDAY NIGHT - PRE COUNCIL (SLOPPY JOES)  
SHIPMATE'S LUNCHEON  
SATURDAY LUNCH  
SATURDAY DINNER - PORK HARMONY  
GROUPE SICILIAN  
CHILDREN (CHICKEN FINGERS)  
VEGETARIAN  
USPS SEMINAR - TRAILERING

Cost	Number	Amount
10.00	_____	_____
20.00	_____	_____
17.00	_____	_____
30.00	_____	_____
30.00	_____	_____
10.00	_____	_____
30.00	_____	_____
25.00	_____	_____
<b>Total</b>		_____

SQUADRON \_\_\_\_\_

RANK \_\_\_\_\_ NAME \_\_\_\_\_ GRADE \_\_\_\_\_ FIRST TIMER ☐

RANK \_\_\_\_\_ NAME \_\_\_\_\_ GRADE \_\_\_\_\_ FIRST TIMER ☐

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

Age of Youth Attending \_\_\_\_\_

**Make check payable to:** CENTRAL WISCONSIN SAIL & POWER SQUADRON (CWSPS)  
**Reply by:** 21 MARCH 2009 (No refunds after this date)  
**Mail form and check to:** P/D/C Donald C. Schult Sr., AP  
1908 Robin Ln.  
Wausau, WI 54401



Hotel Registration  
Jefferson Street Inn  
201 Jefferson Street  
Wausau, WI 54403  
Room Rate \$109.00  
Includes Continental Breakfast  
(715)845-6500 or 866-855-6500  
Ask for:  
Central WI Sail & Power Squadron Group  
Reservation Deadline 27 February 2009



## 2009 MSPS Bridge Nomination Notice

To: General Membership From: Paul Langer, AP, Secretary

Pursuant to the Milwaukee Sail and Power Squadron Bylaws Article 6, Section 6.8, notice is given that the nomination committee has approved the following nominees for the 2009-2010 squadron year. These nominees will be voted on by you, the general membership, at the March 22, 2009 Annual Membership Meeting. Please mark your calendar. Thank-you.

### BRIDGE OFFICERS

Commander: Cdr. Melvin P. Fabiszak, P  
Executive Officer: Lt/C Kim Rutkowski, S  
Education Officer: Stf/C Mike S. Wiedel, AP  
Asst. Education Officer: P/D/C Ron Kraase, SN (elected by Executive Board)  
Administrative Officer, Lt/C Umberto 'Nappy' Napolitano, AP  
Secretary and Treasurer: Lt/C Paul D. Langer, AP

### AUDITING COMMITTEE

Lt. Ruth C. Durkin, AP – Chairman, 1 year\*; P/Lt/C Gisela Murray, SN – 2 years\*;  
Heinz Kinnius, AP – 3 years

### RULES COMMITTEE

Gary H. Bush, S – Chairman, 1 year\*; Lt. Daniel A. Noonan, JN – 2 years\*; Scott Ziebol, AP – 3 years

### NOMINATION COMMITTEE

Thomas J. Raveret, P – Chairman, 1 year\*; P/C Karen Beckmann, P – 2 years\*;  
D/Lt/C John Winger, SN – 3 years

*\* Previously elected and have remaining unexpected terms as indicated will not be voted on at the annual meeting.*

# STAR GAZING

John Goetzman, P/C, SN

This month's moons first waxing quarter was on the 2nd. The full moon, on the 9<sup>th</sup> is known as the 'snow moon' because the heaviest snowfalls are in the middle of winter. The last waning quarter is on the 16<sup>th</sup> and the new moon will be on the 25<sup>th</sup>.



When we look up at the night sky, stars appear as pinpoints of light of varying brightness and colors showing through a large inverted bowl above us. This gives the illusion that they are all the same distance from Earth. In reality, the distances from individual stars to Earth vary greatly. All the stars and other celestial objects are so very far away, that astronomers measure their distance from Earth in terms of how long it takes their light to reach Earth.

Light travels very fast - 186,282 miles per second. The distance light travels in one year is known as a 'light year' and is about six trillion miles.

A ray of light from the moon takes about 1.3 light seconds to reach Earth, from the Sun to Earth 8.3 light minutes, from the brightest star Sirius to Earth 8.6 light years.

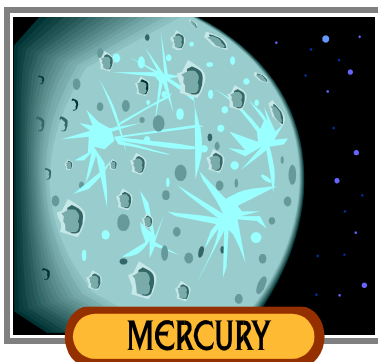


If Sirius ceased to exist to day we wouldn't know it for 8 ½ years. Sirius is in line with the belt of Orion - look to the Southeast of the Belt. The Belt of Orion has three stars of about the same brightness when viewed with the naked eye. The center star is 1300 light years away. And, it is the most massive and luminous of the three. Despite its greater distance, it shines about the same as the other two which are 817 and 915 light years away.

The furthest star in our galaxy [the Milky Way] is 60,000 light years away and the nearest galaxy of comparable size to our own [The Andromeda Galaxy] is two million light years

away. The Universe is enormous. To me it's beyond imagining.

This Month on the 22<sup>nd</sup> at 7:00pm the Moon will pass very close to the North of Jupiter.



On the 23<sup>rd</sup> at 9:00pm Mercury will pass very close to the South of Jupiter.

On the 27<sup>th</sup> the Moon will pass less than an index finger width South of Venus at 5:00 pm.

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**Deck Watch**  
**Official Publication of the**  
**Milwaukee Sail and Power**  
**Squadron**  
**A Unit of District 10,**  
**UNITED STATES POWER**  
**SQUADRONS**

Membership Director  
Ted Smyczek  
12600 W. Crawford Drive  
New Berlin, WI 53151-5422

Please note: If your address, phone number, or email address changes or you get a new boat, be sure to contact Ted Smyczek at (262) 786-2599.

## **FEBRUARY MEETING**

### **REMY BATTERY Presentation**

**continued by Dick Moeller**

**Learn:**

- **how a battery works**
- **tips to storing and charging batteries**
- **specifics on marine batteries**  
**and more...**

**REMY BATTERY ~ since 1931 ~ [www.remybattery.com](http://www.remybattery.com)**

**Tuesday, February 17, 2009**

**Cocktails 6pm**

**Dinner and Presentation 7pm**

**Alioto's**

**3017 N. Mayfair Road, Wauwatosa, WI**

**Sicilian Cod or Pork Chops**

**Cost \$20**

**RSVP to: Nappy at (414) 870-8050 or**  
**[nappy212@gmail.com](mailto:nappy212@gmail.com)**



## **MARCH MEETING**

**Come Celebrate the**  
**70<sup>th</sup> Annual Change of Watch**  
**Sunday, March 22, 2009**  
**(Washington's Birthday)**



**Commander Mel Fabiszak will welcome in**  
**the Bridge Commanders for the 2009**  
**watch year.**

**Enjoy a Hearty Family Style Brunch with a**  
**bottomless Glass of Champagne!**

**From 11:00am to 2:00pm at**

**The Weissgerber's Golden Mast Inn,**  
**W349 N5293 Lacy's Lane**  
**Okauchee Lake, WI 53069**

**Phone Number: (262) 567-7047**

**Uniform Dress**

**Cost: \$25**

**Please RSVP to Mel Fabiszak at**  
**(262) 966-2743 or [lighthouse966@aol.com](mailto:lighthouse966@aol.com)**